

Monday

Tuesday



Wednesday

Thursday



Friday

BREAKFAST



Cornflakes (V), Weetabix (V), Porridge (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 


Cornflakes (V), Weetabix (V), Porridge (V), Boiled Egg (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 



Cornflakes (V), Weetabix (V), Porridge (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 

Cornflakes (V), Weetabix (V), Porridge (V), Scrambled Eggs (V)



Wholemeal Toast (V) 
Fresh Fruit (V) 

Cornflakes (V), Weetabix (V), Pancakes (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 

MORNING SNACK


LUNCH

Vegetable and Bean Fajitas with Rice (V) 



Mexican Beef with Rice 



Sweetcorn Broccoli 

Peaches and Ice Cream (V)

Cheese & Tomato Pizza Fingers (V) 

Green Beans
Coleslaw

Plum Crumble with Custard (V) 


Mediterranean Vegetable Gratin (V) 


Roast Turkey, New Potatoes and Gravy

Carrots
Cauliflower 


Berry Yoghurt (V)

A selection of Freshly made Salads served daily


Soya Spaghetti Bolognaise (V) 

Roasted Peppers
Courgettes 

Yoghurt and Fresh Fruit (V)

Wholemeal 
Cheese and Tomato Quiche (V) with New Potatoes or Chips

Salmon Fishcake & New Potatoes or Chips

Peas
Baked Beans 


Yoghurt and Fresh Fruit (V)

AFTERNOON SNACK

TEA

Red Pepper and Cheese Frittata with New Potatoes (V)

Tuna and Sweetcorn Jacket Potato
Or
Baked Beans Jacket Potato (V)
Served with Salad

Wholemeal Tomato Pasta with Grated Cheese (V) 

Chicken and Roasted Vegetable Couscous or Roasted Vegetables and Couscous (V)

Afternoon Tea Finger Rolls - a choice of egg mayonnaise (V), cheese and tomato (V) or cream cheese and cucumber (V) or hummus & carrot (V)

MENU KEY



Added Plant Power



Vegan



Wholemeal

ALLERGY INFORMATION:

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BREAKFAST

Cornflakes (V), Weetabix (V),
Porridge (V)

Wholemeal Toast (V)
Fresh Fruit (V)

Cornflakes (V), Weetabix (V),
Porridge (V)
Boiled Egg (V)

Wholemeal Toast (V)
Fresh Fruit (V)

Cornflakes (V), Weetabix (V),
Porridge (V)

Wholemeal Toast (V)
Fresh Fruit (V)

Cornflakes (V), Weetabix (V),
Porridge (V)
Scrambled Eggs (V)

Wholemeal Toast (V)
Fresh Fruit (V)

Cornflakes (V), Weetabix (V),
Pancakes (V)

Wholemeal Toast (V)
Fresh Fruit (V)

MORNING
SNACK

LUNCH

Summer Vegetable Risotto (V)

Jerk Chicken
with 50/50 Rice

Broccoli
Cauliflower

Mandarin Yoghurt (V)

Vegetable
Lasagne (V)

Minced Beef
Lasagne

Carrots
Courgettes

Yoghurt and Fresh Fruit (V)

Vegan Plant Balls in
Tomato Sauce with Pitta
Fingers (V)

Meatballs in Tomato Sauce
with Pitta Fingers

Roast Tomatoes
Red Cabbage

Yoghurt and Fresh Fruit (V)

A selection of Freshly made Salads served daily

Vegetable Enchiladas with
50/50 Rice (V)

Sweetcorn
Green Beans

Peach Crumble
with Ice Cream (V)

Red Pepper and Cheese
Frittata with New Potatoes or
Chips (V)

Fish Fingers & New Potatoes
or Chips

Peas
Baked Beans

Yoghurt and Fresh Fruit (V)

AFTERNOON
SNACK

TEA

Tuna and Chickpea Pasta
Bake
Or
Wholemeal Vegetable Pasta
Bake (V)
Fresh Fruit & Yoghurt (V)

Jacket Potato with Beans (V)
Served with Salau
Fresh Fruit & Yoghurt (V)

Cheese and Tomato Pizza
with Rainbow Slaw (V)
or
Cheese & Tomato Pasta
(V)
Fresh Fruit & Yoghurt (V)

Jollof Rice with Five Beans
(V)
Fresh Fruit & Yoghurt (V)

Afternoon Tea Finger Rolls - a
choice of tuna mayonnaise, egg
mayonnaise (V), cheese and
tomato (V) or cream cheese and
cucumber (V) or hummus &
carrot - Fresh Fruit & Yoghurt
(V)

MENU KEY



Added Plant Power



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Cornflakes (V), Weetabix (V), Porridge (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 

Cornflakes (V), Weetabix (V), Porridge (V), Scrambled Eggs (V)


Wholemeal Toast (V) 
Fresh Fruit (V) 

Cornflakes (V), Weetabix (V), Pancakes (V)

Wholemeal Toast (V) 
Fresh Fruit (V) 



MORNING SNACK

LUNCH


Chef Mariam's Moroccan Couscous (V) 

Peas
Carrots 

Vanilla Yoghurt (V)

Vegetable Bean Chilli with Rice (V) 


Beef Chilli con Carne with Rice 

Broccoli
Sweetcorn 



Chocolate Shortbread (V)



Spanish Omelette with Roast Potatoes or New Potatoes (V)


Roast Chicken, Skin on Roast Potatoes or New Potatoes and Gravy

Green Beans
Carrots 

Bananas and Custard (V)


Vegetable & Bean Fajitas with Rice (V) 


Chicken & Bean Fajitas with Rice 

Roasted Summer
Vegetables 

Apple Strudel (V)

Mac & Cheese with Butterbeans (V)

Tuna and Chickpea Pasta Bake 

Peas
Baked Beans 

Yoghurt and Fresh Fruit (V)


A selection of Freshly made Salads served daily

AFTERNOON SNACK


TEA

Jacket Potato with Baked Beans and Coleslaw (V)

Fresh Fruit & Yoghurt (V)

Cheese and Tomato Pizza (V) 

Fresh Fruit & Yoghurt (V)

Soya Bolognaise with Spaghetti (V) 

Fresh Fruit & Yoghurt (V)

Cheese on Toast with Beetroot and Carrot Slaw (V)

Fresh Fruit & Yoghurt (V)

Afternoon Tea - a choice of tuna mayonnaise, egg mayonnaise (V), cheese and tomato (V) or cream cheese and cucumber (V) or hummus & carrot (V) - Fresh Fruit & Yoghurt (V)

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